

REIKI: A TIMELESS PRACTICE IN A NEW AGE
ETHICAL GUIDELINES FOR A PROFESSIONAL REIKI PRACTICE

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An Ounce of Prevention...

- Know if you have a personal practice, a hobby or a professional practice

Personal Practice	Hobby	Professional Practice
<ul style="list-style-type: none"> • You've taken a class or two • You do Reiki on yourself and a few family members or very close friends • You attend workshops or Reiki-shares periodically 	<ul style="list-style-type: none"> • You've taken a bunch of Reiki classes • You do Reiki on extended family or friends • You attend workshops or Reiki-shares frequently 	<ul style="list-style-type: none"> • You teach Reiki • You provide Reiki for strangers • You have a website that markets Reiki • You host Reiki-shares

- Have professional liability insurance and make sure it covers *all* of your modalities
[\(http://www.energymedicineprofessionalassociation.com/;](http://www.energymedicineprofessionalassociation.com/)
[http://www.massageliabilityinsurancegroup.com/;](http://www.massageliabilityinsurancegroup.com/)
[http://www.reikimembership.com/Insurance.aspx;](http://www.reikimembership.com/Insurance.aspx) [http://www.cphins.com/\)](http://www.cphins.com/)
- Have appropriate intake and session documentation including informed consent
[https://www.reikimembership.com/ArticlesForms/Documentation.pdf;](https://www.reikimembership.com/ArticlesForms/Documentation.pdf)
[http://www.reiki.org/download/treatment%20form.pdf;](http://www.reiki.org/download/treatment%20form.pdf) [https://iarp.org/reiki-recordkeeping/\)](https://iarp.org/reiki-recordkeeping/)
- Make referrals and document, document, document ([https://therapists.psychologytoday.com;](https://therapists.psychologytoday.com)
[http://alternativetherapistsdirectory.com/;](http://alternativetherapistsdirectory.com/) [http://www.dcba.org/?page=FindLawyer;](http://www.dcba.org/?page=FindLawyer)
[https://www.icpas.org/information/for-the-public/find-a-cpa\)](https://www.icpas.org/information/for-the-public/find-a-cpa)

- Use caution when mixing with other modalities: know what your professional liability policy covers and know all your various professional regulations
 - Examples: (Reiki with crystal work; Reiki with Akashic Record work; Reiki with counseling; Reiki with accounting)

- Being an ordained minister will not help you (<http://www.reiki.org/reikinews/reikin5.html>). In fact, it may open you to further liability (https://www.illinois.gov/dafs/safekids/reporting/documents/cfs_1050-21_mandated_reporter_manual.pdf).

- Be familiar with Reiki codes of ethics (<http://www.reikialliance.com/en/article/code-of-ethics>; <http://www.reikifed.co.uk/about-us/key-documents/code-of-ethics>; https://www.reikimembership.com/Code_of_Ethics.aspx). Consider creating your own (<http://animalreikisource.com/animal-reiki-information/guidelines-ethics/code-of-ethics>; google “how to create code of ethics”).

Oops! Now I Need That Pound of Cure

- How to navigate ethical dilemmas
 - Get peer consultation
 - Consult with an attorney
 - Talk to your professional liability carrier
 - Do your personal energy work

- Example: car salesman & Reiki master
- Example: disclosure of harm/ confidentiality
- Example: misinterpretation of touch